

The Children's Center

Staff Information
Procedures for Infectious Disease Control

Universal Precautions for all Infectious Disease

1. Good common sense and personal hygiene practices are the BEST defense against contracting infection.
2. The most serious illnesses are transmitted through direct blood or feces contact.
3. Frequent, thorough hand washing is the most effective way to control the spread of disease. Staff should wash their hands upon arrival at The Center, after changing a child's diaper or soiled pants, after assisting a child with toileting, after wiping a child's runny nose, after caring for or cuddling a sick child, and before serving or eating food. Children's hands should be washed upon arrival at The Center, after toileting or diaper changes, and before eating food.

Proper Hand Washing Techniques:

Use soap and running water.

Rub your hands vigorously.

Wash all skin surfaces, including:

--Back of hands

--Wrists

--Between Fingers

--Under Fingernails

Rinse well.

Dry hands with paper towel

Turn off water with a paper towel—not with your bare hands.